



START LIST

Shot Put Women - Heptathlon

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Hep. U20 Best	WH20B	15.38 Sara GAMBETTA	GER 19	Mannheim (GER)	12 May 2012
Champ. Heptathlon Best	CHB	14.38 Sarah LAGGER	AUT 19	Tampere (FIN)	12 Jul 2018

Group A

5 August 2026 18:20 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	530	Annika PÖLLUAAS	EST 11 Dec 07	11.92	11.92
2	343	Isabella WING	AUS 13 Jun 07	10.89	10.89
3	532	Mia Mireia UUSORG	EST 21 Nov 07	11.09	11.09
4	559	Nuppu WILLMAN	FIN 10 Mar 07	11.23	11.23
5	744	Rita MANFREDINI	ITA 3 May 08	9.69	9.69
6	900	Zuzanna KOZAN	POL 7 Jul 07	10.85	10.85
7	577	Lalie POUZANCRE-HOYER	FRA 11 Feb 07	11.17	11.17
8	1092	Chiora ENYINNA-OKEIGBO	USA 7 Nov 07	8.92	8.92
9	588	Thea BROWN	GBR 19 Mar 07	11.68 i	11.68 i
10	645	Maria SCHNEMILICH	GER 28 Jan 07	10.37 i	10.37 i
11	648	Elenor SERVATIUS	GER 27 Apr 07	11.29	11.29
12	1107	Destiny LOOK	USA 27 Apr 08	10.07	10.07

Group B

5 August 2026 18:20 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	1002	Norina HUG	SUI 4 May 08	12.57	12.57
2	602	Matilda QUICK	GBR 2 Nov 07	12.80	12.80
3	340	Bailey VAN DEN BROEK	AUS 6 Apr 08	12.74	12.74
4	843	Julia DOKTER	NED 14 Jan 07	12.26 i	12.26 i
5	916	Natacha CANDÉ	POR 25 Jan 07	13.33 i	13.33 i
6	810	Nikola BUNDE	LAT 11 Mar 07	12.07	12.07
7	572	Zola NDOUMA-MONA	FRA 24 May 07	15.17	15.17
8	1008	Anna PFISTER	SUI 18 Jun 07	12.13	12.13
9	721	Ísöld SÆVARSDÓTTIR	ISL 17 Feb 07	12.80 i	12.80 i
10	813	Adriana REITMANE	LAT 7 Jul 07	12.32 i	12.32 i
11	558	Enni VIRJONEN	FIN 14 May 07	14.15 i	14.15 i
12	845	Meike HUISTRA	NED 7 Feb 08	11.98	11.98

PERFORMANCE	15.58	15.20	14.83	14.46	14.08	13.71	13.33	12.96	12.58	12.20	11.82	11.45	11.07
POINTS	900	875	850	825	800	775	750	725	700	675	650	625	600
	10.69	10.31	9.92	9.54	9.16	8.77	8.39	8.00	7.61	7.23	6.84	6.44	6.05
	575	550	525	500	475	450	425	400	375	350	325	300	275

i = Indoor performance